

Memberships Rates

We have a range of membership options available, all tailored to suit your lifestyle and help you to reach your fitness goals.

| ANYTIME GYM + CLASSES | ANYTIMEGYM | CONCESSION (student/senior) |
|---|--|--|
| £34.99 per month £349.90 (annual price when paid upfront) | £30 per month £300 (annual price when paid upfront) | £20 per month £200 (annual price when paid upfront) |
| Full Access to the gym at any time | Full Access to the gym at any time | Full Access to the gym at any time |
| Full Access to the Group Exercise classes {depending on availability} | Tailored Programme and regular reviews. Classes on a PAYG basis at £3.50 per class. | Tailored Programme and regular reviews. Classes on a PAYG basis at £3.50 per class. (Proof of eligibility required) |
| FREE monthly consultation and Health Assessment | | |
| Tailored Programme and regular reviews | | |

NON-MEMBERS can also to use the classes on a PAYG basis at £6.00 per class.
Opening times: Monday - Friday 6.30am - 9.00pm. Weekends 8.00am - 4.00pm

tailored for you